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3 More Goal Planners

Dear :

In a previous email I talked about Brian Moran's book, [The 12 Week Year](#). If you haven't looked into the concept yet, I urge you to go do it. Basically, if you treat the next 12 months like an entire year, challenging yourself to set goals and meet deadlines, you can accomplish as much in 3 months as most folks do in 1 year.

I sent out an email last week talking about 3 planners I've used, plus the official 12 Week Year planner, which I have not used. This week, I've got 3 more planners I want to bring to your attention.



At the left above is the 3-Month Goal Planner. It's a soft cover 8.5 × 11 inch book, at the amazingly low price of just \$4 US. At that price, there must be some limitations.

The bad news - what there is, anyway - is that there's no goal setting instructions, or vision planning pages. You're supposed to get that knowledge elsewhere. There's also no structured daily or weekly reviews. I could not recommend it for first time planners - let alone 12 Week Year followers.

That said, I think it's got a lot going for it, especially for the low price. Each week is a 2-page spread, and the days are columns running down the pages. The days have hour-long time segments, from 7 AM to 10 PM. Not very big, but you could put one or two short words in each slot. There's space for notes (like say, tasks and goals?) in each day column, and almost half the book is dotted notes pages in the back.

If you've been using a more expensive planner, and you want to go minimalist, you could do much worse for a lot more money.

<https://amzn.to/3ULKdGR>

The middle one is the Comeback 90 Day Goal & Life Planner. It has instructions, and some online video lessons. The guy who put it together was responding to some serious mental and physical problems, and he realized that some folks were in exactly the same boat as him.

My copy arrived with the front cover heavily damaged, so I never got to actually use it. However, it seems to have some serious thought behind the design, and I'll probably order another one next spring to try it out. There's a lot of recording, tracking, and review options. It's listed at \$35 US, but you'll often see it with a \$10 off coupon.

<https://amzn.to/46DOKfn>

Finally on the right is a planner by a small company in Brooklyn NY. It's supposed to most closely match the official 12 Week Year structure, but I don't see any sections for tracking/evaluating scores (see the main book).

This is **DEFINITELY** not for first timers. I would suggest not even for your 3rd or 4th goal planner. This is a hard-core user's journal. It's minimal yet functional.

That said, it allows you to track four 12-week "years" (so, an actual calendar year), at a list price of just \$10 US. This is a journal for when you no longer need training wheels on your bike!

<https://amzn.to/3HI8bFN>

Thanks for reading my emails. I hope you find them thoughtful and actionable, maybe even entertaining! Please, I'd like to hear back from you about how you put your goals together, and if you use a dedicated goal planner. Email me at the address below.

Until next time, be well and stay healthy & happy!

Very best,

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